

At MILLS | GOSSE PSYCHOLOGY we are very proud to have served the Durham Region and the Greater Toronto Area for over 20 years.

We are a diverse and compassionate team of highly trained clinicians committed to providing timely and accessible psychological services to children, adolescents and adults.

As one of the leading practices in the region, we have a strong reputation for providing high quality, individualized services tailored to each client's unique needs.

Our Services

We are proud to offer a comprehensive range of psychological services including:

Psychological Therapy & Counseling

- Adults
- Teens/Adolescents
- Children

Psychological Assessment & Testing

- General Psychological & Diagnostic
- Psycho-educational
- Gifted
- ADHD (Child & Adult)
- Pre-employment (First Responder & Public Protection)

Rehabilitation Assessment & Treatment

- Workplace Safety and Insurance Board (WSIB)
- Motor Vehicle Accident (MVA)
- Short & Long Term Disability (STD & LTD)
- First Responders; Police, Fire, Corrections & EMS
- Transit Workers; Toronto Transit Commission (TTC) & Durham Region Transit (DRT)
- Veterans & Military

Issues & Conditions

We help people with:

- Anxiety, Panic & Phobias
- Depression & Mood Disorders
- Attention-Deficit/Hyperactivity Disorder (ADHD)
- Trauma & Posttraumatic Stress Disorder (PTSD)
- Obsessive-Compulsive Disorder (OCD)
- Anger & Anger Management Programs
- Grief & Bereavement
- Sleep Disorders
- Relationship & Family Issues

Working With Us

Our Team: A diverse team of clinical assessors and therapists who offer services in several languages.

Our Locations: Our head office location is in Ajax Ontario and we have a team working throughout Durham, Peterborough, Kawartha and the GTA.

Appointments: Appointments can be held in person, by phone or on secure video platforms. We offer services promptly and typically do not hold waitlists.

Referrals: Our services do not require a physician's referral. However, we accept referrals from various providers and organizations supporting employees.

Fees & Payments: Our services are covered through most third-party health insurance plans, including employee benefits and WSIB. To ensure accessibility, we offer a sliding fee scale to qualified clients. We accept credit cards and e-transfers.

For help or more information:

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